

2018 membership purchase and course registration

Note, to access the Sailing School you must purchase either Option # 1,2 or 3.

Option #1: FAMILY MEMBERSHIP

You can either purchase a Family Sailing Membership for \$100. (2 Parents and children under 18, includes grandchildren)

Option #2: INDIVIDUAL SAILORS

Individual Sailor, Sailing School Admin Fee per child for \$ 50
This covers OSA/Sail Canada Membership and Checklick reporting fees.

Option: #3: SPECIAL- Introductory offer for 1st time sailors enrolling in Wet feet, Cansail 1 & Teen Fast Start only

Must be new to sailing and the LJYC sailing school. First year offer!

Option #4: FRIENDS & SUPPORTING MEMBER

We are still offering Friends & Supporting Memberships for \$25 annually. This assists in supporting our racing, fleet & docking repairs.

2018 Program Description & Member Pricing

We are running 7 weeks of Sailing School this year.

Available Weeks:

_(We operate Monday-Friday 9am-4pm except for the Civic holiday on Aug 6th.)

Week 1: July 2-July 6

Week 2: July 9-July 13

Week 3: July 16-July 20 (1/2 DAY FUN SAIL Fri) *

Week 4: July 23-July 27

Week 5: July 30- Aug 3

Week 6: Aug 7-Aug 10 (NO CLASS MONDAY AUG 6, weekly rate is adjusted)

Week 7: Aug 13-Aug 17 (1/2 DAY FUN SAIL Fri) *

***Note, On the ½ day sails we will hold lessons in the morning and then head over to a nearby island for a BBQ lunch and an afternoon of fun!!! Swimming, games and a treasure hunt!**

Wet Feet: Half Days \$175 Full Days \$250

Ages 5-8, one-week sessions Monday to Friday: Half Days 9:00am to 12:00 pm or Full Days 9:00am-4:00pm

This is an introduction to sailing for the young child with no previous experience. In stable, sturdy Oppi dinghies (designed specifically for beginners), sailors learn basic steering and sail control skills in a small-group environment. Off the water, instructors teach the points of sail, boat parts, and

weather and safety information through games and interactive lessons. This program emphasizes safety, fun, and learning, and provides ideal preparation for the CANSail 1 & 2.

CANSail 1 & 2: Half Days \$200 Full Days \$300

Prerequisite: Must be 9 years of age or older, no prior experience required. Program operates in one-week sessions Monday to Friday, Half days 9:00 am to 12:00 pm or Full Days 9:00am-4:00pm

This is a basic sailing course for new sailors or those with limited sailing experience. Sailors are introduced to the sport and learn the fundamentals while sailing in Lasers, Pico's & Open Bic's.

Introduction to sailing.

CANSail 1 teaches sailors the fundamental sailing skills including basic sheeting, steering, and boat handling on all points of sail. Sailors can sail within defined boundaries set by an instructor.

CANSail 2 – Basic sailing. CANSail 2 teaches sailors to adjust their bodies and boats for changes in direction and wind speed while sailing, and to perform boat-handling manoeuvres in a controlled manner while in a controlled setting. Sailors also learn basic physical literacy through fun activities and sailing games. As in the Wetfeet Program, the emphasis is on safety, fun and teaching youth sailors to confidently handle a small dinghy. We recommend a min of 2 weeks of FULL Day classes for CANSail 1 and 3 weeks of FULL Day classes for CANSail 2. As each student progresses at their own rate it may take longer to attain the level.

Note: *Participants in this program learn the vital Sail Canada safety skill of righting a capsized sailboat, so be prepared to get wet!!*

TEEN FASTSTART CANSail 1 & 2: Full Days 2 Week sessions (\$600)

Prerequisite: Must be 12 years of age or older, no prior experience required. Program operates in 2-week sessions Monday to Friday, Full Days 9:00am-4:00pm.

We recommend Full days as this is geared to moving the sailors at a faster rate to catch up with their peer group. If you would like to sail only half days or 1 week only please contact the Sailing School Director.

CANSail 3-6 Full Days \$325

Prerequisite: Must be 12 years of age or older, Program operates in one-week sessions Monday to Friday, Full Days 9:00am-4:00pm

In double-handed 420s, sailors build on existing skills in all types of conditions and to a higher level of proficiency.

CANSail 3 – Intermediate sailing. CANSail 3 teaches sailors to integrate the fundamental boat handling manoeuvres and balance with basic tactics and strategy as well as applied sail trim. Sailors are exposed to a greater variety of conditions and participate in a club race or club training camp.

CANSail 4 – Advanced sailing. CANSail 4 teaches sailors to perform advanced boat handling manoeuvres in a variety of conditions. Sailors can successfully execute manoeuvres in competitive settings and for tactical and strategic purposes. Sailors participate in a one to two-day local regatta.

CANSail 5 – Basic integration of racing. CANSail 5 fully integrates boat handling with tactics and strategy. Sailors are also introduced to the concept of rig tuning and its relation to boat trim and conditions. Sailors participate in a one to two-day local regatta.

CANSail 6 – Full integration of racing. CANSail 6 fully integrates boat handling, sail trim, and rig setup with racing. Sailors train to perform all skills within a competitive race setting in order to achieve accurate sailing within a regatta and in all conditions. Sailors participate in a regional or

provincial regatta (Cottage Club).

These programs emphasize high-performance sailing and basic racing and acts as a foundation for the Racing Team. Because of the more advanced nature of this program, sailors should be attending a min. of 2 weeks, however it is strongly recommended that a four-week + Full day commitment is made over the summer.

Assistant/Instructor Special: -Afternoons 1pm-4pm \$150

This is for any assistant/Instructor's sailing afternoons only. You will work with the **CANSail** 5/6 or Spinnaker & Trapeze levels 1-2. If you are not scheduled to work, you should be sailing Full days.